

GROW UP! IT

Competences and framework for social system youth workers.



Erasmus+

BESMART

INDIVIDUAL SHEET



Powiatowe Centrum
Pomocy Rodzinie
w Oświęcimiu



UK - Butterflies LTD



FERI

INDIVIDUAL SHEET NO. 17 SYMPATHIES / ANTIPATHIES

What makes you like someone?

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What makes you dislike someone?

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List 5 qualities that you would like the person you like to have?

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COMMENTS AND CONCLUSIONS

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INDIVIDUAL SHEET NO. 18

How do you show sympathies to other people?

How do you feel when somebody doesn't return your sympathy?

How do you feel when somebody shows you sympathy?

COMMENTS AND CONCLUSIONS

INDIVIDUAL SHEET NO. 19 POSITION IN THE PEER GROUP

1. what is a peer group?

Peer group is

2. mark in the table what you think affects the positions in the group

branded clothing	fashionable clothing	look
Mobile phone	Very good school results	very good financial situation
attractiveness of the place to live	character	popularity on the web
interests	talents	gender
physical strength	vulgarity	pugnacity
can combine	everybody likes him	Rebellious

3. Does what you have marked in the table have a positive leader in the group?

YES NO

4. Describe your group leader:

INDIVIDUAL SHEET NO. 20 NEWCOMER TO THE GROUP

How do you think a new person in the group might feel?



What can a group do to make this person feel good in their new environment?



COMMENTS AND CONCLUSIONS



INDIVIDUAL SHEET NO. 21

What difficulties can a new person in a group face?

Where he can get help and support?

COMMENTS AND CONCLUSIONS

INDIVIDUAL SHEET NO. 22

1. Is there any conflict in your class/group?

CONFLICTION



2. Is there any conflict in your class/group?

YES

NO

I DON'T KNOW

If YES, what was it about?

3. what are the consequences of conflicts in your class/group?

4. What ways do you know of resolving conflicts?

5. Who can you count on in a conflict situation?

INDIVIDUAL SHEET NO. 23

Budowanie własnej tożsamości i kształtowanie świadomości własnego "JA" i budowanie własnej tożsamości



My name is

.....

I like it when others call me

.....

My nickname is

.....

My birthday is

.....

I like

.....

I don't like

.....

I like it in myself

.....

I'm in a group

.....

I would like

.....

What reflection do you have on this task

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INDIVIDUAL SHEET NO. 24

Me and my position in the group

<p>What is my role in the group?</p>	<p>What I like most about my group?</p>
<p>What would I like to change in my current situation?</p>	<p>My plan 'How can I change that to feel happy in a group?</p>

What reflection do you have on this task

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INDIVIDUAL SHEET NO. 25

1. What should your dream class be?

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2. List 5 rules that should apply in your classroom?

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3. Does anything bother you about the previous class? If so, what was it?

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INDIVIDUAL SHEET NO. 26

Replace max. 5 things that made you feel good in your class?

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Your conclusion

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INDIVIDUAL SHEET NO. 27

What's relaxing for you?

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What ways do you know to relax?

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Which way of relaxation do you like most?

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INDIVIDUAL SHEET NO. 28

What situations do you need to relax in?

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Which way would you recommend to your colleague and why?

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INDIVIDUAL SHEET NO. 29

1. What's insanity?

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2. What are the situations that make you shy?

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3. How can you help a person who's shy?

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